



Jack Canfield's

RECOMMENDED ACHIEVER'S READING LIST

If you spent just one hour a day reading books in your field and related fields, you would finish reading at least one book a week. Over 10 years' time, you would have read 520 books about your area of expertise—enough to put you in the top 1% of your field!

If you were access information from masters in *related* areas in addition to reading books in your field, you'd have an edge that others simply don't have.

Take a look at the subject areas listed below. Reading books in these areas will help you achieve mastery in those areas of life that are central to your happiness and fulfillment. Of course, most of these titles are the books that have helped me attain personal, professional, and financial success. Many of them are considered classics and should make up the core of anybody's personal success library.

If you read more slowly than you'd like, consider taking a course to increase not only your reading speed—but how fast you absorb and use the valuable information contained in these books. The best resource I've found is the PhotoReading Course developed by Paul Scheele. It's available as an audio-cassette self-study course from The Learning Strategies Corporation (2000 Plymouth Road • Minnetonka, MN 55305 • phone: 1-800-735-8273 • 952-476-9200 • fax 952-475-2373). You can learn more about the course and order it on-line at [www.learningstrategies.com/Photo Reading/Course.html](http://www.learningstrategies.com/PhotoReading/Course.html). Information on their live PhotoReading seminars is also available on the same web site.

The Science of Success

The Power of Focus: How to Hit Your Business, Personal and Financial Targets with Absolute Certainty by Jack Canfield, Mark Victor Hansen and Les Hewitt. Deerfield Beach, FL: Health Communications, Inc., 2000.

The Aladdin Factor: How to Ask for and Get Anything You Want in Life by Jack Canfield and Mark Victor Hansen. New York: Berkley, 1995.

The Art of Possibility: Transforming Personal and Professional Life by Rosamund Stone Zander and Benjamin Zander. New York, Penguin, 2000.

SUCCESS LEAVES CLUES.
—ANTHONY ROBBINS

It's been said that success in life is a lot like a connect-the-dots game. So many people have gone before us — leaving maps and guidebooks about how to replicate their success — that all we have to do is connect the dots.

In fact, the books you'll discover below contain some of the best-known and most proven wisdom, information, methodologies, systems, techniques and “secrets” of success that have ever been recorded.

Read over the list and pick 10 books to start with. Commit to reading one book a week as the minimum. Read for an hour a day. Turn off the TV and read in the evening. If you have young children, you'll be modeling for them the habit of life-long reading for pleasure and information.

If you prefer, set your alarm for an hour earlier and read before getting ready for work each morning. It will set a positive, can-do, tone for the rest of your day.

As you read these powerful books, keep a list of the ones you read over the next year. Commit to reading one book a week and applying the principles you discover to your own life. The results will be nothing less than miraculous.

The DNA of Success: Know What You Want...To Get What You Want by Jack M. Zufelt. New York: Regan Books, 2002.

The Science of Success: How to Attract Prosperity and Create Life Balance through Proven Principles by James A. Ray. La Jolla, CA: SunArk Press, 1999.

The Success System that Never Fails by W. Clement Stone. Englewood Cliffs, NJ: Prentice-Hall, Inc., 1962.

Success through a Positive Mental Attitude by Napoleon Hill and W. Clement Stone. Englewood Cliffs, NJ: Prentice-Hall, Inc., 1977.

JACK CANFIELD'S RECOMMENDED ACHIEVER'S READING LIST

Think and Grow Rich by Napoleon Hill. New York: Fawcett Crest, 1960.

Napoleon Hill's Keys to Success: The 17 Principles of Personal Achievement edited by Matthew Sartwell. New York: Plume, 1997.

Think and Grow Rich: A Black Choice by Dennis P. Kimbro, Ph.D.

What Makes the Great Great: Strategies for Extraordinary Achievement by Dennis P. Kimbro, Ph.D. New York: Doubleday, 1997.

The 7 Habits of Highly Effective People by Stephen R. Covey. New York: Fireside/Simon & Schuster, 1989.

The 100 Absolutely Unbreakable Laws of Business Success by Brian Tracy. San Francisco: Berrett-Koehler, 2000.

Master Success: Create A Life of Purpose, Passion, Peace and Prosperity by Bill Fitzpatrick. Natick, MA: American Success Institute, 2000.

The Traits of Champions: The Secrets of Championship Performance in Business, Life and Golf by Andrew Wood and Brian Tracy. Provo, UT; Executive Excellence Publishing, 2000.

The Great Crossover: Personal Confidence in the Age of the Microchip by Dan Sullivan, Babs Smith and Michel Negry. Chicago and Toronto: The Strategic Coach, 1994.

The Seven Spiritual Laws of Success by Deepak Chopra. San Rafael: Amber-Allen, 1994.

Extreme Success by Richard Fetteke. New York: Fireside, 2002.

The Power of Positive Habits by Dan Robey. Miami: Abrid Publishing Group, 2003.

Unlimited Power by Anthony Robbins. New York: Simon & Schuster, 1986.

Peak Performance: Mental Training Techniques of the World's Greatest Athletes by Charles A. Garfield with Hal Z. Bennett. Los Angeles: Jeremy P. Tarcher, 1984.

Peak Performers: The New Heroes of American Business by Charles Garfield. New York: William Morrow and Company, 1986.

Financial Success

The Dynamic Laws of Prosperity by Catherine Ponder. New York: DeVorss.

The One Minute Millionaire by Mark Victor Hansen and Robert G. Allen. New York: Harmony Books, 2002.

The Millionaire Next Door by Thomas J. Stanley and William D. Danko. New York: Pocket Books, 1996.

The Courage To Be Rich: Creating A Life of Material and Spiritual Abundance by Suze Orman. New York: Riverhead Books, 1999.

Rich Dad, Poor Dad by Robert Kiyosaki with Sharon L. Lecter. Paradise Valley, AZ: Tech Press, Inc., 1997.

The Wealthy Barber by David Chilton. Rocklin, CA: Prima Publishing, 1991.

Multiple Streams of Income by Robert G. Allen. New York: John Wiley & Sons, 2000.

The Miracle of Tithing by Mark Victor Hansen. Newport Beach, CA: Mark Victor Hansen & Associates, 2003. (800) 433-2314.

Time Management and Getting Things Done

First Things First by Stephen Covey, A. Roger Merrill and Rebecca R. Merrill. New York: Simon & Schuster.

Getting Things Done: The ABCs of Time Management by Edwin C. Bliss. New York: Charles Scribner's Sons, 1991.

Doing It Now by Edwin C. Bliss. New York: Macmillan Publishing Company, 1983

The 10 Natural Laws of Successful Time and Life Management: Proven Strategies for Increased Productivity and Inner Peace by Hyrum W. Smith. New York: Warner Books, 1994.

The Procrastinator's Handbook: Mastering the Art of Doing It Now by Rita Emmett. New York: Walker Publishing Co., 2000.

Getting Things Done: The Art of Stress-Free Productivity by David Allen. New York: Viking, 2001.

Entrepreneurial Success

The E-Myth Revisited by Michael Gerber. New York: Harper Business, 1995.

1001 Ways to Reward Employees by Bob Nelson. New York: Workman Publishing, 1994.

The One Minute Manager by Kenneth Blanchard and Spencer Johnson. New York: Berkley Books, 1983.

Inspiration and Motivation

Dare to Win by Jack Canfield and Mark Victor Hansen. New York: Berkley, 1994.

Chicken Soup for the Soul by Jack Canfield and Mark Victor Hansen. Deerfield Beach, FL: Health Communications, Inc., 1993.

Chicken Soup for the Soul at Work by Jack Canfield, Mark Victor Hansen, Martin Rutte, Maida Rogerson and Tim Clauss. Deerfield Beach, FL, Health Communications Inc. 1996.

It's Not Over Until You Win by Les Brown. New York: Simon & Schuster, 1997.

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Health and Fitness

The 24-Hour Turnaround : The Formula for Permanent Weight Loss, Anti-aging, and Optimal Health—Starting Today! by Jay Williams, Ph.D. New York: Regan Books, 2002.

Ultimate Fit or Fat by Covert Bailey. Boston: Houghton Mifflin Company, 2000

Body for Life: 12 Weeks to Mental and Spiritual Strength by Bill Phillips. New York: HarperCollins, 1999

The Mars and Venus Diet and Exercise Solution by John Gray, Ph.D. New York: St. Martins Press, 2003

Chicken Soup for the Healthy Soul by Jack Canfield and Mark Victor Hansen. Santa Barbara, CA: Chicken Soup for the Soul Enterprises, 2003. Available only on-line from Chicken Soup for the Soul Enterprises at www.chickensoup.com. Available April 2003.

Communication, Family Success and Relationships

Conscious Loving: The Journey to Co-Commitment by Gay Hendricks and Kathlyn Hendricks. New York: Bantam Books, 1992

Men Are From Mars, Women Are from Venus: A Practical Guide for Improving Communication and Getting What You Want in Your Relationships by John Gray, Ph.D. New York: HarperCollins, 1993

How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish. New York: Avon Books, 1980.

Communicate with Confidence by Dianna Booher.

How to Say It at Work: Putting Yourself Across with Power Words, Phrases, Body Language and Communication Secrets by Jack Griffin.

Boundaries: When to Say Yes, When to Say No to Take Control of Your Life by Dr. Henry Cloud and Dr. John Townsend. Grand Rapids: Zondervan, 1992.

Personal Awareness, Human Potential, Inner Peace and Spirituality

Loving What Is: Four Questions that Can Change Your Life by Byron Katie. New York: Harmony Books, 2002.

The Power of Now: A Guide to Spiritual Enlightenment by Eckhart Tolle. Novato, CA: New World Library, 1999

The Four Agreements: A Practical Guide to Personal Freedom by Don Miguel Ruiz. San Rafael: Amber-Allen, 1999.

Don't Sweat the Small Stuff...and it's all small stuff: Simple Ways to Keep the Little Things From Taking Over Your Life by Richard Carlson. New York: Hyperion, 1997

The Six Pillars of Self-Esteem by Nathaniel Branden. New York: Bantam, 1994.

Life After Life by Raymond A. Moody, Jr., M.D. New York: Bantam, 1975.

Life Strategies: Doing What Works, Doing What Matters by Phillip C. McGraw, Ph.D., New York: Hyperion, 1999.

Power vs. Force: The Hidden Determinants of Human Behavior by David R. Hawkins, M.D., Ph.D. Carlsbad, CA: Hay House, 2002.

Additional Resources

For a more extensive list of books in all of these areas, go to www.jackcanfield.com.

To enroll in the educational edge book of the month club service mentioned on the audio program, go online to www.ededge.com.

Audio Learning

Three companies have produced the best collections of audio albums you will ever find:

Nightingale-Conant (www.nightingale.com) has programs by success gurus Tony Robbins, Zig Ziglar, Brian Tracy, Jim Rohn, Napoleon Hill, Les Brown, Robert Allen, Wayne Dyer, Lee Pulos, Mark Victor Hansen, myself and many others. Listen to these programs in the car to keep yourself informed, inspired and motivated.

Fred Pryor Seminars/CareerTrack (www.pryor.com) produces courses that run the full range from personal development to business development. They have a broad and extensive catalog.

Learning Strategies Corporation (www.learningstrategies.com) produces in-depth audio home study courses that go beyond merely presenting information. Because of the interactive experiential design of their programs, I highly recommend their work for producing immediate and profound results in your life. Their programs are generally better listened to in a focused learning environment at home than in your car.

Some of Jack's own programs that we highly recommend are:

The Success Principles: Your 30-Day Journey From Where You Are to Where You Want to Be by Jack Canfield and Janet Switzer. Available on-line at www.jackcanfield.com.

Maximum Confidence: 10 Steps to Extreme Self-Esteem by Jack Canfield. (Produced by Nightingale-Conant) Available on-line at www.jackcanfield.com.

Self-Esteem and Peak Performance by Jack Canfield. (Produced by CareerTrack) Available on-line at www.jackcanfield.com.

The Aladdin Factor: How to Ask for and Get What You Want in Every Area of Your Life by Jack Canfield and Mark Victor Hansen. (Produced by Nightingale Conant) Available on-line from www.jackcanfield.com.

Chicken Soup for the Soul-Live! by Jack Canfield and Mark Victor Hansen. (Produced by CareerTrack) Available on-line at www.pryor.com.

DISCOVER OTHER RECOMMENDED BOOKS AT WWW.JACKCANFIELD.COM!